# Quantock Forest League 4 - Ladies Wood 8 Jan 2006

### Planner's Comments

Thanks to Debs for volunteering me at a committee, it was a pleasure to be able to plan an event at Ladies' Wood (always known as the old Oak wood to me) as it has always been my favourite terrain for walking, running, mountain biking and trying to spot those elusive deer. Thanks are owed to all who helped me especially Mike for his experience, Bill for his wonderful mapping and Roger and Judy (the frail one!). In retrospect I regret bringing some of the courses out in to the open for the last kilometre as the weather made this experience quite unpleasant. It was very rewarding to see such a good turn out considering the conditions and I didn't hear to many unfavourable comments at the finish. This was my last chance to plan in the Northern Hemisphere for sometime but we have every intention of continuing when we establish ourselves in New Zealand. A final note, I was so chuffed to see 6 deer prancing through the trees as I was checking controls on the morning of the event.

### Contoller's Comments -

What a great turn out in such atrocious weather. At one stage I was considering taking the drastic step of abandoning the event. However this was not necessary as you all proved. Quite a few were wise and stepped down a course which made the loading on Light Green much higher than usual. Thank you to those who allowed us to recycle their maps and to those who used hastily drawn maps. A quick look at the results shows that the standard was about right. A greater number of retirals than usual was to be expected, there is no disgrace in taking the sensible option in those con ons. Thanks to Brett for challenging courses and his assistants Roger and Judy for their support and help in many ways. Bill Vigar was his usual tower of strength with map production. A big thank you to all the helpers who manfully stuck to their tasks and still managed to go out and run. Thanks also to those members, who although not part of the organising team offered to stay on in case there were any lost competitors.

#### Mike Crockett

## Colour standards

White Al

All competitors 38 mins

Yellow 38 mir

Orange 48 mins

Light Green 73 mins Green 80 mins

Blue 83 .27 mins

Red 93.14 mins

Results Splits

aaı	es. Mood Jorn oo-	01 00
		Climb 240m
	BLUE Length 5.5Km	CIIMD 240M
	Ben Chesters	SARUM M21 55:38
2	Richard Sansbury	QO M35 58:56
	Andy Rimes	QO M40 1:03:05
4	William Kromhout	KERNO M21 1:03:19
	Jonathon Croome	DEVON M35 1:04:29
5		QO M60 1:05:12
6	Ted Heath	~
7	Rob Kohler	DEVON M50 1:05:37
8	Andy Bowman	QO M40 1:07:17
9	Adrian Taylor	DEVON M50 1:08:46
	Ruth Holmes	SARUM W20 1:09:29
10		BOK M55 1:11:06
11	Trevor Griffith	
12	Jim Mallinson	QO M55 1:11:16
13	Geoff Richardson	QO M40 1:15:05
14	Mark Larcombe	QO M45 1:19:54
15	John Chesters	QO M55 1:20:20
		QO M40 1:20:21
16	Nick Fernandes	QO M40 1.20.21
17	Tony Hext	QO M55 1:23:39
18	Ian Bartlett	QO M40 1:24:30
19	Hugh Crawford	QO M50 1:25:43
20	Rosie Wych	QO W50 1:41:29
		IND M21 1:46:21
21	Andrew Tracey	QO M40 1:51:51
22		QO M21 1:56:54
23	revin Cullen	QO M21 1:56:54
24	im Gent	DEVON M35 2:04:03
25		DEVON M65 2:19:13
20		
	GREEN Length 4.0	Km Climb 175m
		OO M45 50.25
1	John Round	QO M45 50:25
2	Graham Hartley	IND M40 56:30
3	Paul Millard	Devon M55 58:58
4	Ron Foord	QO M40 1:04:49
5	Nick Ajderian	BOK M45 1:10:22
		QO M60 1:11:18
6	John Trayler	WIM M55 1:12:07
7	Mike Kite	
8	Sue Gard	QO W55 1:13:01
9	John Higgins	BOK M70 1:18:40
10	Roger Hateley	Devon M60 1:19:43
11	Tony Milroy	QO M55 1:21:54
	Torraine Croome	Devon W40 1:23:32
12		QO M55 1:24:07
13		
14	Neil Clegg	QO M45 1:32:26
15	Steve Elliston	QO M55 1:35:23
16	Teff Pakes	QO M21 1:37:28
	Jue Hateley	Devon W60 1:41:19
	C Bill Vigar	QO M70 51:51
14) (		QO M55 Mis nol
	John Nicholson	QO 1133 1113 1101
LGREEN Length 3.2Km Climb 130m		
		.ZKm Climb 130m
1	Liz Pye	QO W21 41:58
2	Iain Pye	QO M35 45:42
3	Claire Evans	IND W40 49:04
4	Will Evans	IND M14 49:14
		The second of th
5	Adrian Ratcliffe	
6	Rhys Llewellyn	QO M18 50:08
7	Declan Gray	QO M16 51:50
8	Debbie Craddock	QO W21 54:50
9	Bob Lloyd	QO M65 1:08:20
10		DEVON W45 1:11:09
		WIM W60 1:12:02
11		
12		DEVON W65 1:15:56
13	Margaret Millard	DEVON W55 1:24:19
14	_	QO W75 1:28:49
16		QO M60 1:30:22
Τ 0	Stephen Williams	~
		QO W55 Rtd
	Jan Holmes	
	Ruth Chesters	QO W55 Rtd
	Jack Johnson	IND M11 Rtd
	Zoe Round	QO W16 Rtd
	A CONTRACTOR OF THE CONTRACTOR	

1 Jim Scott QO M50 1:02:09 ORANGE Length 2.0Km Climb 60m 1 Duncan Taylor DEVON M12 26:11 QO M14 29:47 QO M60 31:01 QO M14 2 Joel Llewellyn 3 Norman Harvey Jan Daniels 4 QO W45 33:53 5 Robin Thorn IND M45 46:45 6 Helen Thorn IND W45 47:16 7 Kay Elliston QO W45 48:05 IND W21 53:23 8 Cath Bateman 9 Arne Scott IND M14 56:18 IND W40 1:12:15 IND W21 1:32:11 10 Marian Bartlett 11 Tamsin Rayson IND W21 1:07:42 N/C Tamsin Rayson2 YELLOW Length 1.9Km Climb 40m 1 Tom Elliston QO M10 2 Dan Craddock QO M10 22:34 2 Dan Craddock QO M10 28:13 QO W8 37:31 QO M6 39:00 3 Eleanor Richardson 4 Frank Floyd Chris Kilby IND M14 Mis no3 William Woods QO M10 Rtd WHITE Length 1.3Km Climb 20m 1 Emily Craddock QO W8 22:27

RED Length 4.8Km Climb 210m