

# The QuOnicle



**The Newsletter of Quantock Orienteers**

**No. 134      November    2010**

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Editor—Adrian Edwards, 35 Clover Mead, Taunton TA1 3XD  
Tel 01823 325119 Email [adrian\\_edwards@btinternet.com](mailto:adrian_edwards@btinternet.com)

## Quantock Orienteers Committee

Chairman	Richard Sansbury	01823 288405	
Secretary	Jeff Pakes	01278 433687	
Treasurer	Roger Craddock	01823 323850	
Committee	Bob Lloyd	01823 333251	Permissions
	Rosie Wych	01823 451942	
	Mark Maynard	01823 251262	Fixtures
	Bill Vigar	01823 680679	Mapping
	Adrian Edwards	01823 325119	QuOnicle
	Other Club Officials		
	Mike Crockett	01458 445540	President
	Tony Milroy	01278 662535	QOFL
	Judy Craddock	01823 323850	Membership
	Nathan Fernandes	01935 424128	Webmaster

## **EDITORIAL**

So I've completed my first 'OMM' (see page 16), and I'm pretty sure it won't be my last. Sure enough there were a few moments when I would gladly have teleported myself back to the comfort of my warm dry living room, but that was more than offset by the sense of achievement and camaraderie. And the chocolate brownie at the end.

It's been a time of extremes for me as my personal orienteering calendar has consisted of two long-O's (Devon and QO) and the OMM, interspersed with a series of White courses with my daughter. Yesterday she said to me "Daddy, can we go orienteering tomorrow?". I don't know which surprised me more: the fact that my two-year-old daughter wants to go orienteering, or the fact that she can say the word! Both are testament to Roger and Judy Craddock and the hard work they've put into JOG.

—*Adrian Edwards*

## **CHAIRMAN'S CHAT**

Hello, its me again, still here. Having announced my departure from the role due to work commitments I find my work is still local, so I'm still around and still doing the Chairman's job for the immediate future at least.

As I was control collecting at Blackborough, I was reflecting how pleasant it was to be delicately trotting through a sunlit forest with warm autumn colours filtering through the brown leaves. Suddenly, splosh! I put my foot in some particularly soft and hidden bit of bog and I had one cold soaking foot.

I'm hoping this is not a metaphor for the club. Right now I think things are ticking over quite nicely. We've got a lot going on, and problems frequently pop up, but somehow we manage. I'm hoping there is no sudden splosh coming up, but you never know ....

A quick reminder about volunteering. We do need a couple more helpers for organisers—more details on page 22. Also unless someone steps forward to take on the club captain role we will not be entering the Compass Sport Cup, which would be a pity.

—*Richard Sansbury*

## CLUB NEWS

### News of Members

Congratulations to Jeff Pakes who got married to Tamsin Rayson on the 2nd October. I'm sure many of you will also have seen Tamsin at one of our events, so even more congratulations to Jeff on finding a partner who shares his love of orienteering!

It must be something in the Quantocks water, as Keith Bolling (winner of the short course on the QO Long-O event) also got married recently to his partner Jennie Race.



*Jeff Pakes and Tamsin Rayson*



*Keith Bolling and Jennie Race*

A warm welcome to some new members. John Kirby (M55) has rejoined the club, and Ellie and Freya Craddock (grandchildren of Roger and Judy) have joined us (both W10). Also joining us recently is Samantha Hollingsworth, mum of QO juniors Alfie and Tom.

## **An Introduction to Planning**

Mike Crockett has kindly agreed to run a short course for members who think that they might be interested in doing some planning.

He will deal with planning for WHITE, YELLOW AND ORANGE courses only. These are the courses that we need to plan for JOG but we are also viewing it as the first step for people interested in planning events in the future. The course will be **ONE** 2 hour session 6.30 - 8.30pm on either Thursday 25th November or Monday 6th December. Mike is prepared to set aside the 2 evenings so you can choose which is the best timing for you.

The venue will be 67 Staplegrove Road Taunton TA1 1DG. If you are interested in attending please let Judy Craddock (jandr.craddock@gmail.com) know as soon as possible and say which date you will be coming. If you are already a planner but you wish to attend Mike says he would welcome the contributions of others.

—*Judy Craddock*

## **Coaching**

Do you like sharing your orienteering experience and helping others develop? Could you be interested in becoming a coach?

We have had a few coaches in the club working with the children in JOG and with school groups. Many of these soon need to re-qualify, so now would be a good time for anyone new to get involved in coaching. We are looking at the possibility of some local training, possibly with some evening sessions.

More details to follow, but please contact a member of the committee if you would like to register your interest.

## **El Presidente**

At the recent AGM, Roger Craddock proposed that a new position of Club President be created and offered to Mike Crockett. Mike duly accepted and is now the first President of QO.

Mike has made an enormous contribution to QO over the years and filled just about every club role imaginable at some point. The honorary role of Club President recognises this hard work and dedication, and formalises Mike's position as a figurehead of the club.



*President Mike Crockett*

## **West Highland Way**

Congratulations to Richard Hill, who completed a 96-mile walk along the West Highland Way carrying a 55lb rucksack and in full military kit. Richie was part of a team of 14 serving soldiers from the Unified System Support Organisation (USSO) undertaking the march to raise money for The Royal Star and Garter Homes for disabled ex-Service men and women. Two days later he was down on Dartmoor for the Devon Long-O!

## **Special General Meeting**

Following the AGM discussion around changes to the constitution (see page 9), the Committee has voted to call a Special General Meeting to be held on 1st January 2011 at the Royal Oak in Dunkerswell (coinciding with the Christmas Novelty post-event lunch).

Roger Craddock has proposed the following motions, seconded by Richard Sansbury:

- Motion 1: that the phrase contained in 6.1 "The Club's financial year shall run from September 1st to 31st August. The accounts shall be balanced at 31st August each year" be replaced with "The Club's financial year shall end on the 31st May".
- Motion 2: that the phrase contained in 7.1 "An Annual General Meeting (AGM) shall be held within 50 days of the end of the financial year" be replaced with " An Annual General Meeting (AGM) shall be held within 4 months of the end of the financial year".

We need a quorum of at least 20 club members (a QuOrum?) to pass these motions, so if you are attending the Christmas Novelty please take a minute to vote.

## **2010 AGM**

The AGM was held after the Club Championships event at the Maypole Inn at Thurloxtton on 9th October. Thank you to all those members who attended. The full minutes are available in the News section of the QO website. Below are some extracts from the minutes:

### **Chairman's report:**

Richard Sansbury read his report as follows:

*At the end of my second year as chairman, it is my privilege to publicly thank several people. First the committee: my thanks to Brian Pearson who is stepping down from the committee, Bob Lloyd who obtains our event permissions, Bill Vigar who produces our maps, Adrian Edwards who has taken over as magazine editor, Mark Maynard who has taken over from me as fixtures secretary, Jeff Pakes for taking over as Club Secretary mid-year, and Roger Craddock our Treasurer. This has been the first full year we have had the SportIdent equipment so thanks to Andy Rimes for managing and operating the kit. I am very grateful for*

*Judy Craddock's fantastic work with the Junior Orienteering Group. Thanks also to all those who have contributed to our events as planners, organisers, controllers or helpers.*

*A theme of my chairmanship has been club development. The club has changed a lot in recent years. When I first joined QO about ten years ago the club held about one event a month - now we have one event or activity a week. The major benefits of this development have been the success of the Junior Orienteering Group and the acquisition of Sportident. I believe we need to continue to develop to ensure the club has a healthy future.*

*In the coming year, as well as our established events pattern and the ongoing junior programme, we have a series of night events, so there is plenty to look forward to.*

Brian Fletcher thanked Richard for an "excellent two years" as chairman.

## **Membership Fees**

Roger Craddock proposed that the 2012 membership fees remain the same at: Seniors £8, Families £12, Juniors £27. The proposal was seconded and carried. Note that the QO membership rates are the same regardless of whether you join as a 'National' or as a 'Local' member.

## **Club Captain's Report**

Mike Crockett had circulated the following report before the meeting. Unfortunately the item had not been listed on the agenda, the report was overlooked during the meeting and hence not read out.

*QO entered the Compass Sport Trophy qualifying round held at Fordingbridge in January. There was a good response from club members. We finished equal on points with Wessex in fourth place. At the JK at Braunton Burrows, injuries and illness depleted our resources but we managed to field three teams. A big thank you to those that*

*ran 'out of class' and to those who stepped in at the last minute to complete the teams.*

*The South West Chairman's Challenge series of relays was held during June and July. For the second year running we had to bow to the superior Wessex team but we gave them a good run for their money in the last race at Upton Park. Overall we finished in second place in spite of a few minor hiccups on the way. A big thank you to all who supported the club in all these competitions.*

*—Mike Crockett, Acting Club Captain*

### **Amendments to the constitution:**

Two constitution amendments had been tabled prior to the meeting. One was by Jeff Pakes (seconded by Richard Sansbury) and one by Roger Craddock (seconded by Judy Craddock). Both proposals related to item 6.4, the setting of membership fees. It was explained that the current wording in the constitution had become obsolete, because the BOF deadline for setting membership fees means these can no longer be set at the AGM immediately preceding the year in which the fees applied. Moreover, the BOF deadline restricted the club's ability to control its membership fees.

An alternative proposal was made by Norman Harvey that in future years the AGM be brought forward instead. It would probably be necessary to change the accounting year to accommodate this. It was noted that although the AGM date is not set in the constitution, the accounting year is defined. Therefore a change would require a change to the constitution and as it was not possible to vote on constitutional changes not proposed in advance of the meeting, this change might need to be endorsed at an Extraordinary General Meeting (EGM). In a vote the meeting supported the proposal to bring the AGM forward and the two constitution proposals were rejected.

### **Election of Officers/ Committee**

Having previously indicated that a scheduled six-month work placement in London would make continuing as chairman unworkable,

Richard said that this placement was still no nearer to happening. He volunteered to carry on as Chairman in the absence of any other nominations; none were made. Roger proposed that Andy Rimes return to the committee. Andy declined because being SI manager and the joint club equipment keeper was as much as he could manage due to work commitments. Roger further proposed that a new position of Club President be created for Mike Crockett, who after filling a variety of roles during the years now found himself without a 'position.' Mike had expressed his wish not to stand for Club Captain, not least because the role would involve a conflict of interest with his duties as controller of the Compass Sport Cup. Roger's proposal was seconded by Norman Harvey and approved unanimously. Mike said that a condition of acceptance would be the provision of a job description, so he knew what would be required of him.

The officers and committee were elected as follows:

<b>Position</b>	<b>Name</b>	<b>Proposed by</b>	<b>Seconded by</b>	<b>Vote result</b>
Chair	Richard Sansbury	Mike Crockett	Rosie Wych	Carried
Secretary	Jeff Pakes	Norman Harvey	Jim Mallinson	Carried
Treasurer	Roger Craddock	Norman Harvey	Jim Mallinson	Carried
Committee 1	Bob Lloyd	Norman Harvey	Jim Mallinson	Carried
Committee 2	Bill Vigar	Norman Harvey	Mark Maynard	Carried
Committee 3	Adrian Edwards	Norman Harvey	Jim Mallinson	Carried
Committee 4	Mark Maynard	Norman Harvey	Jim Mallinson	Carried
Committee 5	Rosie Wych	Roger Craddock	Jeff Pakes	Carried
Committee 6	(position vacant)	n/a	n/a	n/a

## JOG Notebook

Events this term have had the benefit of good weather and even those further away have been well supported. According to BOF we should record all participants, not just the children as we have to date. So.....at Vivary Park we had 54, Lydeard Hill: 56, Fyne Court: 78, Broomfield Hill: 46, Kings Cliff Wood: 24, Great Woods: 42, Queens College: 25. King's Hall: 44.

Until recently we have called upon a vast selection of our usual planners to do the courses for JOG events. We then asked some of our experienced orienteers like Rachel Bussell and Joel Llewellyn-Eaton. Now we are getting new members agreeing to try their hand with Adrian Edwards planning at Queen's College. This term the first JOG parents, Sheila Braine, Sam Hollingsworth and Mark Maynard have planned events and in January Robert Green and his sons James and Chris are planning at Neroche. If YOU are interested in learning the basics of planning Mike Crockett is running a short course which is advertised elsewhere in QuOnicle. You can 'cut your teeth' by planning some JOG events on your way to greater things!

The Orienteering Festivals held by the Tone Schools Sports Partnership managed by Dave Bullock have encouraged a lot of children to try the sport. They have had a good time at the festivals and when their parents have seen advertisements for a JOG event the children have been keen to come. I find it very worrying that Michael Gove has now withdrawn funding for the Schools' Sports Partnership Project upon which so much of our JOG participation has been based.



*Evie Edwards, aged 2½*

At the start of the month the BOF Road-show came to the SW and high-lighted some interesting developments relevant to the development of JOG.

Edward Nicholas explained that essentially BOF are aiming to train individuals identified by clubs to become Coach Educators. This would enable the delivery of local, flexible training programmes which would make it easier for club members to acquire the various UKCC qualifications.

This is similar to the method we used to train the initial 10 JOG coaches. We had to 'import' the trainer but the training was done locally so more people were able to attend. In my opinion the idea of having a local Coach Educator is an excellent one and should make training much more accessible.

We reported recently on the introduction of a new badge scheme for JOG. So far we have awarded 43 badges:

### **Hare badges:**

Ailani Braine-Clarke	Tom Hollingsworth	Evie Maynard
Hamish Braine-Clarke	Alfie Hollingsworth	Owen Maynard
Charlie Bullock	Tom Jameson	Hugo Petrich
Jessica Bullock	Frances Jameson	Lottie Petrich
Lucy Bussell	Maya Jones	Tabitha Preece
James Bussell	Evie Jones	Dan Reynold
Freya Craddock	Hannah Lawson	Elliott Smith
Ellie Craddock	Jessica Llewellyn	Eden Smith
Marie Craddock	Thomas Llewellyn	Jack Williams
Aiden Davidson	Kaitlin Loader	Alice Williams
Heather Green	Jarvis Lumb	

### **Squirrel badges:**

Ellie Craddock	Joe Heath	Matthew Keogan
James Green	Tom Hollingsworth	Elliott Smith
Chris Green	Alfie Hollingsworth	

### **Badger badges:**

Amy Hallett	Grace Williams	Tom Hollingsworth
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*QO 'Hares'*

## **EVENTS**

### **Club championships - Kings Cliff, 9th October—Planner & Organisers Comments**

Advice to new planners/organisers: don't try to organise an event a) in July b) when you are moving house c) when you have a bad back. And especially not when all of the above apply. Luckily we had lower numbers than expected for July we postponed the event and ran it in October instead.

Thanks to all those who turned up; the feedback was very positive and much appreciated. There is a lot of preparation that goes into just 1 hour's orienteering and you would have thought that given we knew the date 3 months in advance we might have managed to put out the controls with slightly more than 4 minutes to spare! However, all went well, I think. We created 3 different levels in order to give, in effect, more runners a chance to win by running beyond their usual expectations. Looking at the scores, this was very successful since

the winners of levels easy, medium and hard were within 10 points of each other for the overall prize. The course was intended to be challenging for the more experienced runners - to have completed all the check points within one hour given the "odd/even" restrictions would have been incredible - and the winner's tally of 21 controls was very impressive.

Thanks to all those who helped - Bill, Andy, Judy and, most of all, Richard who acted as far more than controller - effectively organiser and mentor to Callum and to me.

—*Graham Hartley*

## **QO Long-O, 16-17th October 2010**

The annual QO long-O has become a classic warm-up event for the OMM and with this in mind I headed up into the hills on Sunday morning looking forward to something altogether more challenging than my staple of river and park runs in London. In particular I was looking forward to what I remember orienteering in the Quantocks for – tricky route choices and hills. Unfortunately I couldn't make it down in time for the Saturday score event, but an early evening run around the new (and excellently signed) 'Herepath' trail on the Blackdowns meant the legs weren't too fresh, so I didn't feel entirely guilty about not entering into the spirit of the two day race.

It was nice to see some familiar faces on arriving at the event centre and also noticeable that the club is evidently thriving with plenty of new faces. After registering and getting kitted up it was an uphill walk to the start and off. The first three controls were in the steep sided and heavily forested woods around Great Wood and Ramscombe. Heading in twenty metres too soon for number 2 along a parallel path was an early and costly mistake, but gave me something to earn back so I took a fairly direct line on the long leg across the ridges and valleys to 4. After that it was goodbye to the commercial forests and over the top into the delightful wooded valleys and hills the other side of Dead Woman's Ditch. The Quantocks and these slopes in particular have always been my favourite hills, whether being dragged reluctantly

over them as a child, orienteering events and cross-country races as a schoolboy or, more typically these days, a walk with Mum or a run when I'm back home for the weekend.

The unlikely story of Julius Ceasar declaring "Quantock Ad Hoc" from the top of nearby Dowsborough hill fort and the gory image of local Walford hanging from his gibbet came to mind as I dropped down and then out of Holford Combe to number 6 and the very welcome drinks station. I was going fairly well at this point so gobbled down a couple of jelly babies for the next "up and over" leg to 7 and over Bicknoller Post to the far reaches of the Quantocks and our course at number 8. Thanks to the autumn colours and a crisp clear light the views of North Hill and the channel were as good as I've seen them, but unfortunately my legs decided at this furthest point that they'd had enough and hit me with cramp. I regretted the previous day's run and my decision not to carry a camelbak, but the remainder of my jelly babies, a forced walk and a good stretch seemed to get the legs moving again.

Unfortunately by then the runners that I'd passed in the first half had come streaming past me, but that did mean that there was a group of us to cope with redirecting a lost bunch of school kids who had seemingly been abandoned on the Hare Knaps by their teacher. They seemed surprised that we wanted to show them where they were on a map rather than their iPhones. After that it was a case of knuckling down for the long run over the ridge and back down into Ramscombe for a scrappy finish through the brashings. The course had shown us the very best of the area along with plenty of the QO trademark hills and difficult navigation decisions. Although probably too little too late in terms of training, it had been helpful to at least remind the legs about hills and the mind about navigation before the OMM two weeks later.

Thoroughly tired from the morning's work it was down the lanes to the much anticipated soup, bread and cake at the event centre. Judy and Lennox in the kitchen must have chuckled as exhausted finishers staggered into the kitchen with their monosyllabic requests for sustenance and then returned twenty minutes later looking entirely

refreshed and ready for seconds. The fantastic catering and opportunity to catch up with old friends was much appreciated and rounded off a great morning. Thanks to all the helpers for their hard work and an excellent event.

— *John Went*

## **OMM Dartmoor, 30-31st October 2010**

I set off for Dartmoor with my race partner Richard Hill on a sunny Friday afternoon with a mixture of excitement and trepidation. This was it—my first Mountain Marathon, the event I had been training for (though nowhere near enough!).

At the event base at Oakehampton Camp the challenge of putting up a six-man tent that neither of us had ever seen before soon took my mind off things, as did a hot meal in the canteen and a nice cold pint at the Tri Bar. It was a good chance to soak up the atmosphere and meet some fellow competitors, and it was nice knowing that we could enjoy a 'lie in' in the morning in our luxuriously spacious tent.

Richie and I had entered Short Score, and our day 1 start time of 11:07 seemed very civilised indeed. By that time the sun was shining in an uncharacteristically clear sky, and I even had to swap out my woolly hat for a sun cap.

After studying the map at the start we chose a route that took us south from Okehampton camp along the valley to the east of Yes Tor, and then up onto the first of many 'Tor' controls that we would visit over the two days. We continued south east on some pretty decent tracks to pick up 30 points in a re-entrant. On Friday evening we had agreed to avoid any area of the map with 'peat hag' symbols having both battled through those in Devon Long-O's, but of course the route to our third control at the delightfully named 'Jackman's Bottom' took us straight through just such an area. The final climb up to the control was almost a relief as I was starting to get that 'sinking feeling'.

For our next few controls we contoured along the top of the valley above the West Okement River, giving us a chance to admire some of the spectacular scenery. From there it was mainly a fast track run south following the edge of Dartmoor towards the overnight camp, cutting in to pick up some more points on the way. We arrived at the campsite with 10 minutes to spare feeling fairly pleased with our first day. At that point we were in the top 20, although we were down to 35th by the time all competitors had finished.

Like most people, we spent the next few hours pitching our tent on the tussocks around the firing ranges at Tavy Cleave Plains and tucking in to some delicious(?) rehydrated meals. We were also taking part in a nutrition study run by Liverpool John Moores university, which at least gave us the chance to sit in a full-sized tent for 10 minutes! Prior to the event I wondered what I'd do for what could be a very long evening in a very small tent, but like most people I was in my sleeping bag heading for the land of Nod by 8pm. By this point the



*Running in to the Day 2 finish*

weather had started to turn a bit nasty on us, and I spent most of the night trying to keep my (down) sleeping bag out of a rapidly-spreading pool of water on my side of the tent. On the plus side, the roaring wind and rain drowned out Richie's snoring—and anyone who had the misfortune to camp near us at the QO Long-O will know that is a very good thing!

We didn't have to hang around on Day 2 as we had an 8:21 start time. By this point the weather was more typical Dartmoor—blustery winds, lashing rain and a cold grey sky.

The first two controls were a bit of a procession as most competitors were headed the same way, but then we decided to head west for a 40-point control atop what proved to be a very steep (i.e. hands and knees) hill. Well, I guess they don't give you 40 points for nothing... From there we headed north west over Corn Ridge, knowing that each step would now be a step closer to the finish.

Like many competitors, we had to cross the West Okement river at some point. We decided to take a direct line that would take us between two out-of bounds woods and onto the lower slopes of High Willhays rather than veer north west to the only bridge in the vicinity. We'd seen the river the previous day and it didn't look too daunting, but what a difference a day (and a night of heavy rain) makes! My nerves weren't helped when a guy in front of us fell in and was pulled out looking a bit shocked and very cold. Some competitors were electing to wade across, while others went in search of an alternative route. Richie spurred me on and we managed to 'boulder-hop' across, and it was a moment of huge relief when my feet hit the far bank. Apparently the marshals stopped competitors crossing this river a short while later acting on the advice of a Dartmoor Ranger, and offered a time allowance for teams to take the bridge detour instead.

By now the end was in sight, except that nothing was really in sight at all as we headed up onto the summit of High Willhays and into the cloud base! This was more what I was expecting: heavy rain and poor visibility. High Willhays and Yes Tor are apparently the only two peaks on Dartmoor classified as mountains, so we decided to visit both

summits on the way back to the finish (they did have controls on!).

That may have contributed to us finishing Day 2 in 53rd position, giving us 35th place overall. I was happy to have my first 'OMM' in the bag, and by now I was already sure it would be the first of many.

—*Adrian Edwards*

Here's the full list of OMM results for QO members:

**Short Score**

1st. Will Kromhout (congratulations Will!)

35th. Richard Hill and  
Adrian Edwards

98th. Rosie Wych

**Medium Score**

13th. Martin Longhurst

76th. John Kirby/Brian  
Pearson (27th vets)

**Long Score**

32nd. Richard Sansbury  
(20th vets)

Ret. Liz & Iain Pye

**B Course**

7th. John Went

Mike Crockett was also in attendance manning a rather remote and windswept marshal station.



*Above: Richard Sansbury and Ian Bowles on Long Score. Below: Mike at his marshal station*



## **QOAD 1, Kings Cliff, 13th November 2010**

William and Richard Kromhaut put out a testing score course at Kingscliff, using some of the control sites William had used for planning the JOG afternoon event.

19 competitors spent an hour scouring the wood for controls varying in value, and at the end our Chairman (despite a timed penalty and a handicap) won the first event of the series! William has organised tables at the Swan at Kingston for post event refreshments for all the events. Why not join us for the next event at Broomfield/Windowdown following the JOG on 4th December? '

— *Roger Craddock*

## **'Forest Challenge' Orienteering Board Game**

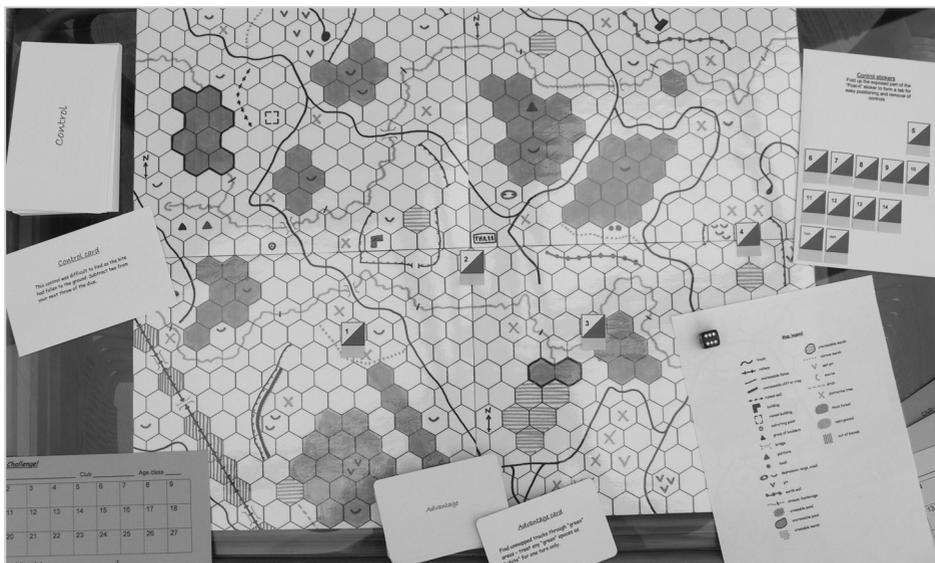
Stuck for a Christmas present? Looking for something to do on these dark winter evenings (unless there's a QOAD on)? Then the boys and girls from NGOC may have just the answer...

NGOC have just brought out a board game, designed specifically for orienteers, called "Forest Challenge!" where each player takes it in turn to throw the dice and move his token between controls, choosing his own route as in real orienteering. Do you go the long way round on the path where you can travel more quickly or do you take the direct route and fight your way through the dark green? On reaching a control a player takes a Control card and follows its instructions – you might find yourself doing well and taking an extra turn or a lack of concentration might mean you end up in a nearby depression. During the game players can use their Advantage cards in conjunction with their dice throw to help them get ahead of, or catch up, other players. The winner is the first player to reach the finish line.

The use of moveable control stickers means that you can run a different course every game; the four map sections can be laid out in a large number of combinations, providing further variety. Also supplied with the game are four map sheets printed only with the grid so that you can make up a map of your favourite terrain as either a stand-alone area or to join onto the ready-printed map sections.

**"Forest Challenge"** makes an ideal Christmas present for the keen orienteer.

The game includes everything you need to "step over the line" – laminated map, kites, punch cards, "Control" cards, "Advantage" cards, instructions, dice, tokens etc. Copies of the game can be bought for £7-50 at an NGOC event or £9-00 by post from Alan Brown, 10 Brizen Lane, Cheltenham, GL53 0NG (please make cheques payable to NGOC). At least half the purchase price will be donated to help flood victims in Pakistan. For further information email Alan at [legend@ngoc.org.uk](mailto:legend@ngoc.org.uk)



## **Get Organised**

In last month's QuOnicle we highlighted a number of roles that we need volunteers to fill in order to keep the club running and put on the series of high-quality events that our members expect.

We are still short of people to fulfil the Organisers role at some of our events. The Organisers job is to:

- Check that the event has been advertised properly
- Assemble a team of helpers
- Prepare a risk assessment for the event
- Collect the equipment and set it up on the day (not the computers or controls—that's the Planner's job!).
- Be responsible for the smooth running of the event.

You don't need any 'orienteeing –specific' skills to be an event Organiser, as all technical decisions are made by the planner and controller. Organisational skills and some good old common sense are all that's required. There are also experienced people around to offer advice and mentor new Organisers. As such it is an ideal role for those club members who may feel they lack the experience to plan or control events.

Any expenses incurred can be claimed back, and legal liability is covered by BOF insurance. As a further incentive, we are offering all new Organisers the chance to buy an SI dibber at a reduced rate or gain free entry to the next few QOFLs.

If you think that you could help please get in touch with Mark Maynard at [mayn8599@btinternet.com](mailto:mayn8599@btinternet.com) or 01823 251262.



Why not celebrate the  
**NEW YEAR**  
at the  
**QO New Years Day Novelty Event**

Blackborough Woods South ST 102 073  
1<sup>st</sup> Jan 2011  
Run £5.00/£2.00. Meal £5.50  
Reg. From 10:00. Mass Start 11:00. Meal at 13:15

The Event will be a 1hr score event (get as many controls as you can within the hour) with a festive theme and mental challenges to help get the old cogs going after the previous nights celebrations.

Suitable for all ages and abilities

The Post Event Meal will be at:

The Royal Oak in Dunkeswell, offering a choice of Cottage Pie with Veg. or Spaghetti Bolognese or, by pre-order, a Vegetarian Lasagne

Entries by **1<sup>st</sup> December 2010**

No pre-payment is required, we ask only that you let us know that you expect to Run and/or Dine by either emailing [billg.vigar@hemscott.net](mailto:billg.vigar@hemscott.net) or phoning Bill 01823 680679

The Pub are opening especially for us hence the early closing date.

Limited EOD

*QOADS Night Event 3 will take place after the meal on the same area at ST 101 084 from 5pm.*



