



**The Newsletter of Quantock Orienteers
No. 154 March 2014**

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EDITORIAL

After the winter we've been having we're lucky we didn't have to invent the sport of 'Swim-O'. I say 'invent', but a quick Google has just revealed that 'Underwater Orienteering' already exists as a sport. Perhaps I should have a word with Bob and get some permissions sorted out for the Somerset Levels next year!

Luckily the conditions haven't impacted our schedule of events too much, although a QOAD had to be cancelled when the Forestry Commission temporarily closed Great Wood due to high winds. In between the storms there's been plenty of great orienteering to be had, including the GO Galoppen and a visit to Dartmoor for the Compass Sport Cup.

Sadly two of our members (Keith Bolling and Tony Milroy) have both suffered accidents this year and have gone from enjoying the great outdoors to the nearest A&E. I wish them both a speedy recovery. There will be opportunities coming up to do some First Aid training — if you haven't already done so it is a good idea to go and learn the basics. When we're out on the hills we are each other's 'safety net' to some extent, so it's good to have the skills to help somebody in the rare event that you should come across an injured competitor.

—*Adrian Edwards*

POST FROM THE PRESIDENT

My apologies for a mix up in January. I wrote my piece but forgot to send it to Adrian. I then sent him a bit of publicity about the night event at Combe Hill Wood, which was inserted as the Presidents Piece. Here is what I wrote with minor changes to reflect the passing of two months and certain events.

What a fine end to the year! Thick mist at Triscombe at least for the early runners and not quite so thick later. Quite good weather for the actual event on 27th December but torrential rain whilst consuming those all important mince pies. Our Galoppen in February went well with a much better attendance than in recent years.

Also in February we competed in the Compass Sport Trophy at Hay Tor on Dartmoor. There was a good turnout and we performed well, beaten by seasoned campaigners Sarum and South Wales. Thank you to all who came and in particular Chris Hasler who managed the team. He saved my blushes by pointing out that I should be in the Start box and not chatting to friends. It was a sad day for one of our members. Tony Milroy fell and was taken off by helicopter to a waiting ambulance. At Exeter hospital he was diagnosed with ruptured ligaments in his knee. We wish you a speedy recovery Tony.

We owe a great deal of thanks to all those involved with putting on events throughout the year, for us to enjoy. In October I was hoping to show our appreciation to two of those people. In association with the Sports Personality of the Year there is a category for "Unsung heroes". Unfortunately one of the criteria for nomination was that you should have the permission of the nominee and unfortunately this was not forthcoming. I won't embarrass her/him by name but I am sure you all know who I mean. I don't think that you need that permission to nominate an MBE. Is anyone prepared to take up the challenge and the possible consequences?

With the start of the New Year comes the challenge of a new age group for about 20% of us. Yes, we are just like race horses and get one year older on 1st January. Are there any other similarities? I have been on all fours at times tackling some of our steeper forests but that is as near as I get. I haven't been put out to grass and certainly not the other option.

So what has 2014 to offer? The Galoppen league is well underway with QO well represented near the top of most classes. There is one more QOAD and three QOFLs to come, plus the JK in South Wales. The Saturday JOG events continue with more children than ever taking the opportunity to practice their skills. Whatever level you choose to compete may I wish you all the very best but above all enjoy yourselves.

Belated best wishes for 2014.

PS. Adrian thinks I should get a medal for bravery.

—Mike Crockett

CLUB NEWS

New Members

Welcome to Danny Hill, son of the elusive Richie Hill. The Hills are currently living in Blandford Forum but made the trip for the QO Galoppen. Hopefully Dad will be able to bring Danny along to a few more QO events this year.

We also welcome three new families to QO: Nigel McBrayne (M35) and his family Connor (M15) and Emily (W11) from Williton; Oliver and Lisa Frost and their family Loralie and Zoe from Street; and the Mannari family, Deepak, Lisa, Joe, Felix and Max.

Last but by no means least Alex Kendall is moving to Taunton from London and joining QO. We've got some wonderful countryside for you to enjoy Alex!



Joe and Felix in their new QO tops with John Trayler

JOG REPORT: Spring Term to 1st March

The weather has taken its toll this term. We started on 18th January with the Maynard family planning in Vivary Park and the surrounding area. The ground was saturated but not flooded and we had an intrepid group of 29 folk who turned up to run, much to the amazement of the warden who thought we had cancelled. The courses were well planned and offered a challenge at each level, they were especially ideal for beginners who didn't venture out of the park. I think the highlight of Squirrel, Badger and Fox runs was the squelching and sliding through the slurry at the farm.

25th Jan and the day for the Thurlbear event started with bright sunshine. This was to be the second JOG Amy Hallett had planned, this time supported by Adrian Edwards. The sunshine continued into the afternoon and 66 people decided to come and enjoy themselves. The planners had done well and managed to find some really interesting control sites and to tape areas where dog walkers had made it hard to map accurately. All went well until the weather suddenly changed and we had a bout of fierce squalls, one bout broke the leg of the tent! Fortunately most of JOGGERS had finished by then.

Sadly we had to postpone Great Woods and King's College on the 8th and 15th Feb.

One of our youngest members Lucy Bussell planned the event at Wellington School on 22nd Feb, Mum Rachel said she didn't have to make any changes and Dad, Andy, showed her how to mark up the map using purple pen. 72 people went on Lucy's courses and many said afterwards how much they had enjoyed them. So well done Lucy!



Lucy Bussell in action

Another of our juniors Keiron Hopkins planned at Fyne Court. John Fisher was his mentor and between them they decided to keep courses in the open in case the NT closed the woods due to high winds. In the event we had a lovely day, we hired the village hall and asked people to bring a cake to share. The courses were praised by many returning competitors who also told tales of deer getting heads stuck in fences and some jumping onto cars, someone even saw a fox! It was all happening for these 82 participants.

Netherclay Wood was the venue for the 15th March with Jenny Wood as the planner. This is becoming a much more interesting area as the trees have grown rapidly over the last few years and the wooded parts are now runnable. Jenny gave a lot of thought to the courses and made sure the Hare was easy enough for those children trying to run solo for the first time, whilst the map memory for the Fox gave a suitable challenge.

—*Judy and Roger Craddock*

Right: Jenny and Ben study the map at Fyne Court



Kieron Hopkins



THE QUONICLE CHRONICLES

Bill trawls through the QO archives to see what the club was up to 100 'QuOnicles' ago...

Newsletter No.54, December 1997

Having plugged the Long-O for several issues the editor did not find space for the results! There were only two courses, Long & Short. The Long (21.7K 1430m) was won by James Clemence of SWOC in 4:16, the Short, (a mere 17.5K, 1110m) by Chris Kelsey of BOK in 3:18.

Club O-suits

A number of people have expressed an interest in club suits. If there is enough interest an order will be placed. Cost: normal top £11-50, mesh top £14.00. trousers £8-50.

Taunton School are British Champions.

A school team won the Middle/Preparatory school class in the British Schools Championship. Claire Pitman was 3rd in the W Primary class. A just reward not only for the competitors, but also for Roger & Judy Craddock who have managed school teams for many years, but are retiring at Christmas. Rachael Holmes won the W15 title with a late run, after her father had advised her not to go as the terrain wouldn't suit her.

Orienteering at Taunton School

Roger Craddock, supported by Judy, who has over the years established orienteering as a thriving sport at school, as well as being a mainstay of the Avon Schools organisation, will be retiring at the end of the year. Although Devon OC members themselves, Roger and Judy have pointed children and their families in the direction of QO. The committee intends to do all it can to keep orienteering alive and kicking at the school. ***We failed there I'm afraid!***

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AGM Report

At last! two new committee members, Kevin Thompson and Richard Went, the first for a number of years.

Karrimor Mountain Marathon Kielder

Bill Vigar and Mike Crockett won the veterans' handicap on the Short Score course. Gary Turbidy with Norman Wright (BOK) were 4th on the same course.

Foreign News

Clive Allen is mapping an area in Denmark which will be used for the World Masters champs. in 1999.

Jenny Bowen-Davies is working in Botswana, as a vet attached to the Wildlife section of the Ministry of Agriculture.

Publicity Person Needed

The problem of making the club's activities better known was raised at the AGM.

If you think the job is worth doing and have the necessary facilities, let the Secretary know.

—*Bill Vigar*

SKILLING UP: Hints and Tips for Improvement

This is No 4 in the series. I've had a bit of positive feedback from a couple of people, but any more comments would be welcome. Hope you find this edition useful.

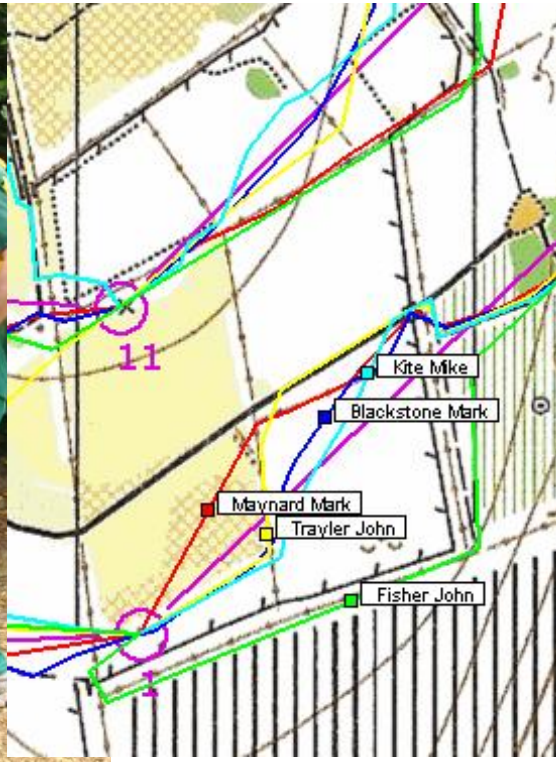
Tip #7: Share and Learn

What do you do after you have finished your course? Once you've caught your breath you could just download, say your goodbyes and disappear. However, there is tremendous value in sticking around and comparing your run with others. Possible topics to discuss are: different route choices, where you think you gained or lost time, any difficulties understanding the map, and whether you'd do it differently if you did the same course again.

Everyone will have done something slightly different so there will be plenty to talk about, and lots of lessons to learn. It is also a lot more sociable!



Obviously a posed shot, but you get the idea!



Screenshot from "Routegadget" (but you need to watch the animation to get the full benefit)

The review doesn't have to stop when you go home. Don't throw your map away without looking at it again. Look at it again a day or two later with a fresh mind and the benefit of hindsight and see what you can learn. This is sometimes called "armchair orienteering" and is time well spent.

For maximum benefit, get on the computer and make use of Routegadget. This superb website allows you to record your actual route travelled and combines this with the split times replay the event. For a bit of fun you can even watch a head-to-head race as if everyone had started at the same time. As a club we pay an annual fee for Routegadget and it would be really good to see more club members using it. It is very easy to use and the results are very impressive.

Tip #8: Control Description Slips

At every event the club provides control description slips for those that want them. If you fold your map (see tip #5 in the last edition) then you will probably not be able to see the control descriptions on the map, so the loose slips enable you to fold the map and still see control descriptions.

But there are two snags...

Firstly, you need some way of holding the slip. If you do not own a holder you will lose it and it is a shame to litter the forest with them, especially as our slips are printed on waterproof paper. The usual thing is to have a wrist holder, so you can refer to it as easily as looking at your watch (see picture on page 12). You can buy them online, or at larger events you can sometimes find a trader selling these holders.

Secondly, the slips are written in a picture language, and you have to get used to the code. There are several crib-sheets available to show you how to decipher them, but it is not as complicated as it may at first look. However, even if you don't know how to read the code, having a list of the control numbers is better than nothing.

QOFL Culm Davy v2					QOFL Culm Davy v2					
orange		2.7 km	60 m		orange		2.7 km	60 m		
▷		↘		↙	▷		Start: path			
1	122	↘		↙	1	122	Path junction			
2	137	×		○	2	137	E side of special item			
3	126	↑	∪		3	126	N small depression			
4	127	∪			4	127	Small depression			
5	134	↘		↗	5	134	NE end of small gully			
6	118	∪			6	118	Small depression			
7	135	⊥			7	135	Crossing point			
8	142	↘		↙	8	142	Vegetation boundary			
9	138	⋯		↙	9	138	Path and ride junction			
10	132	+++		↙	10	132	Earth wall junction			
11	117	↘		↙	11	117	Path junction			
⊗		140 m		⊗		Navigate 140 m to finish				



Typical control description slip, with the English translation *Control descriptions worn on the wrist*

—Richard Sansbury

EVENTS

QOFL 3 and Other Wonderings: St Audries, 12th January 2014

St Audries / Staple Plain has been used three times in recent years. It is generally of open terrain with a limited range of control features, especially if the enclosed wooded area to the NW is not used. To this end it does give a different challenge! More Long-O style than the typical forest event. In terms of navigational difficulty the routes were fairly straight forward, only low cloud would have given the longer routes a bit more bite. Needless to say I was expecting some quick times.

On the blue Will K trotted around in 49 mins which was to be expected. However, he did say to me he is not a runner! Mind you, he did have a few beads of sweat on his slightly flushed features which suggested he must have put in some effort!

It was great to see many youngsters grappling with the wind on the Orange course. Up on top it was almost mountain conditions, thankfully the rain held off until most runners had finished.

One of the things I enjoy about planning an event is the exploration of an area. Even if I know an area well I can still find myself in little places never explored. It always surprises me when, just a few metres from a major path, you stumble on a subtle land/line feature, a small re-entrant or gully system. What I like about the St Audries area, despite limited control sites, is the open and surprisingly different terrain available. It has many hidden features, yet to be mapped, and a significant amount of 'man made' features such as numerous circular enclosures and earth banks. In fact, all over the Quantocks these features are everywhere.

It is a testament to human endeavour that so much of the Quantocks has been used for a wide range of uses. Neolithic evidence in the form of standing stones, ringed cairns and earthworks – some have been carbon dated to 4000BC! Moving through the Bronze age the cultivation of the once completely tree covered Quantocks is clearly evident with the extensive heathland patchwork of tracks, earthbanks and transitory settlement (hut circles) features. The most prominent features are perhaps the linear earthworks like that of Dead Womans Ditch or (less obvious) the one leading up from Somerton Combe to Higher Hare Knap. Conjecture suggest these were linked to a highly ritual landscape with many cairns, barrows and burial features. A complex environment!

Google Earth is great if you can find the time to zoom in. It reveals many 'non map' features, especially as so much of the upland Quantocks are free from dense growth. The Iron Age/Roman period reveal even more astounding features. I have walked around Dowsborough Hill Fort numerous times and even ascended the fort through steep woods directly up from Lady's Combe which was 'interesting'. Though the fort interior is completely covered in trees the ramparts can be circumnavigated without issue. Some cuttings in these defences are apparently a legacy of the Second World War, where Dowsborough was used in training 'events'.



Dowsborough Hill Fort as seen on Google Earth

Over at Ruborough Camp, a more interesting ridge camp is well defined. I really like this place. It has a few odd features that suggest it could have been any number of things; agriculture/crop enclosure, animal enclosure, settlement (in the rectangular west side, evidence of wooden structures have been excavated) or a straight forward sloping hill fort to make a statement of ownership and identity for the tribal inhabitants called the Dumnonii.

However, for me the ancient oak wooded areas have a particular magic all of their own. These are at their best during this time of year when light cast through the bare canopies of these wiggly, almost skeletal old trees provide an almost surreal atmosphere; just walk up Hodder's combe into Somerton combe for maximum effect!

Of course for us orienteers, these woodlands offer a treasure trove of control features, especially the universally liked platform! How many platforms have been used? Bill V may know. However, when is a platform not a platform? Answer: when Bill has not included one on a map! The number of times I have been confused by a platform here and a platform there. Those charcoal burners of yore have a lot to answer for. Little did they know that their industry would provide QO with a numerous and popular set of control features! It is one of the most enjoyable aspects of orienteering the knowledge

that under our feet we are treading on history. Let alone the challenge of navigating or puffing up yet another steep hill.

Well enough wanderings from me. I can too easily get lost in the amazing landscape that surrounds us here in Somerset. Time to thank all those who were involved in QFL3 – Chris Hasler as chief organiser, Rosie W, whose controller skills put me straight and for Bill who sorted out last minute map issues. The Craddocks as ever running the slick registration set up and Snr Rimes for keeping the computers talking to each other! Finally, big thanks to Bob L, who transported me to Musgrove after my little trip! Knee'd less to say I am on the mend! Oh! and thanks to all control gatherers – hope it wasn't too wet!

Cheers

—Keith Bolling (*QOFL 3 Planner*)

[Ed: I hope Keith is making a speedy recovering after injuring his knee whilst control collecting after this event

Cap'n's Log: Compass Sport Cup, Haytor, 16/02/2014

Sunday 16th Feb was probably the first sunny blue sky day of the year, and what better place to be than Haytor on Dartmoor with 26 of QO's finest competing in the South West heat of the Compass Sport Trophy.

The Compass Sport Cup is the top national inter-club competition for clubs with more than 125 members aged 12 and above; in the South West that is Devon and BOK. Smaller clubs compete for the Compass Sport Trophy, which brought together teams from QO, SARUM, KERNO, South Wales OC, Swansea Bay OC and a few students from University of Bristol OC.

The top two finishers for a club in each of the 11 classes counted, and then the highest scoring 13 of those contributed to the final score - easy! Fortunately the download software did the scores...

Our top 13 scores are listed below. Well done all of you, but special congratulations to 'New girl' Fiona Boyd and Club President Mike Crockett.

Name	Class	Score
Fiona Boyd	Womens Blue	99
Mike Crockett	Vets Short Green	97
Brian Pearson	Mens Short Brown	96
Steve Robertson	Mens Green	96
John Trayler	Vets Short Green	95
Brian Fletcher	Mens Brown	94
Chris Philip	Mens Blue	94
Elliot Smith	Orange Men	94
Jeff Pakes	Mens Short Brown	94
Will Kromhout	Mens Brown	93
Luke Shopland	Orange Men	92
Sheila Braine	Womens Green	92
Sue Gard	Womens Green	91



Sheila Braine in action on Haytor

Everyone did their best and QO finished in third place, behind a strong SARUM team and not far behind SWOC:

Pos.	Club	Score
1st	SARUM	1284
2nd	SWOC	1246
3rd	QO	1227
4th	SBOC	1169
5th	KERNO	1037
6th	UBOC	185

— *Chris Hasler*

And the view from the hills...

Brown. The colour of mud, the colour of the course I had to run at the Compass Sport Cup regional qualifier, and the colour of my underpants each time I thought of this. I'd never run a brown course before, and my only previous experience of orienteering in the Haytor area of Dartmoor was characterised by mist so thick you could hardly see your compass! Still, once I'd reminded myself that the area was enclosed by roads and a river and that civilisation was never far away I reasoned that the only thing likely to get seriously lost was my last vestiges of pride.

Jump forward to the 16th Feb and after weeks of grey skies and torrential rain the sun decided to come out and play. What a glorious day! I drove down to Dartmoor with QO teammates Jeff Pakes and Chris Philip full of the joys of spring. We met a few other members of team QO in our designated parking spot (you could 'pre-book' a parking space as long as you had at least three people in the car) along with an over-curious pony that promptly tried to eat Jeff's boot bag, and then walked down the road towards the event centre at the Moorland Hotel.

Before we got that far we had another nice surprise – a QO banner was fluttering gently in the breeze and Cap'n Chris Hasler had arranged for one of the club tents to be pitched near the start/finish area. This gave us a handy place to drop our bags and a great spot to hang around chatting to our club mates before and after our runs!

Despite the glorious weather I stuffed a windproof jacket in a waist pouch (where it stayed – I just couldn't believe the weather on Dartmoor could stay that nice for an hour!) and headed off for the start. It was like the OMM with call-up times and a little box where you could look at the map a minute before you start. Then I was off.

To my immense relief the first control on Brown was situated due west of the start, just the other side of Haytor rocks. This meant a lung-busting climb right from the get-go, but at least I didn't have to worry about navigation – those rocks can be seen for miles! And then as I was approaching the control at the top of the hill I spotted my next control on the western slope of Haytor. It seemed a little *too* easy, so I still took a bearing to reassure myself that it really was the next control on my course.

The third control was next to another large rock formation in the south west corner of the map, albeit a little harder to find as it was hard to spot the control from above as I crested the brow of a hill. I then headed north across open ground heading for some more rocks, all the time thanking my lucky stars that the visibility out on the hills was perfect. With a panoramic view of the surrounding countryside it was easy enough to pick a point and run to it. What proved harder was finding the actual control when I got there. My attack point wasn't more than 10 metres from number 3, but I could not see the kite and lost time drifting downhill before I eventually spotted it on a rocky outcrop directly above. If I was a foot taller I'd have found it straight away!

I had no such problems locating number 5, and number 6 was also easy enough to locate although it was quite a log up a rock-strewn hillside. Number 7 was also dispatched without any drama and I was beginning to think this Brown lark wasn't so bad after all.



A thoroughbred stallion and a Dartmoor pony!

Rather inevitably number 8 put a fly in the ointment. I was fairly sure I was in the right spot, but try as I might I couldn't find the control on the rock-scattered hillside. I wasn't alone in my search – a few other competitors were also scouring the hillside, including Brian Fletcher who had caught me up on the Brown course. Eventually I spotted the control nestled in a little gully further down the slope than we had thought, and then the next control was close by on the same hillside.

Number 11 was at the northernmost point on the map, and when I arrived I saw a few QO shirts looking for the control which was also on the Short Brown course. I was just joining them when I heard Brian Pearson punch the control.

From then on I had no problems finding controls, but route choice came to the fore as I headed south across the barren landscape. It

was quite a sight to see orienteers criss-crossing in all directions to the north of the old quarry, and I bumped in to a determined-looking Mike Crockett next to a small thicket which seemed to have temporarily become an orienteering crossroads. My penultimate control was on the far side of some earthworks, and I took a pretty direct route—straight through some gorse! Still, I had the end in sight by now (figuratively, not literally) and was soon back on more friendly ground making my way to the final control and a short sprint to the finish.

There to greet me was Cap'n Chris looking like Mother Hen as he counted us all out and counted us all back. I'd like to say a big thank you to Chris for organising our entry and sorting us out on the day, despite the fact that injury prevented him getting a run in himself. When I went to download I was delighted to see QO were in first place, although I wasn't quite sure how to respond when the gentleman on download asked me if I'd been 'enjoying the scenery'! We ended up coming third behind SARUM and SWOC (we'll get 'em next year).

I thoroughly enjoyed both the course and the company and thought Devon did a fantastic job of organising the event – coffee and a bacon roll at the Moorland Hotel after was a major plus! My enjoyment was overshadowed somewhat when I learnt that Tony Milroy had sustained a nasty injury and had been taken off the hills by air ambulance—Tony, we wish you a speedy recovery.

—*Adrian Edwards*

Staple Common/ Neroche Galoppen – 2 February 2014

The club's flagship event this year was held on intriguing terrain in glorious winter sunshine. Drove of members staffed what was a bustling event and in doing so enjoyed some respite from an otherwise wet and windy start to the year.

On a personal level this event was eagerly anticipated. It presented the opportunity for my first classic race (I use the word 'race'

loosely) in nearly three months, in an area I hadn't run in for eight years.

I cleared myself as fit to run just two days before, having barely recovered from a pre-Xmas cough and virus that had resurfaced, on top of the bruised ribs that I sustained during a fall while control collecting at the Wind Down QOAD in November. Pen wavering over my entry slip, head begging me to choose Green, I took a sharp intake of breath before ticking...the Blue course. Soon after, Mark Maynard passed by saying how tough the Green was!

Both parts of the area have plenty of technical orienteering terrain. Neroche to the east has line features aplenty and judging by the placing of the road crossing I manned before my run, would have a potential steep climb up to Staple Common. The common is scrappy underfoot and requires very good map contact.

The attraction for me today was the common. When I first ran there as a novice in 2005, it had plenty of wooded areas. But by the time of the 2009 Galoppen which I organised, the Neroche Project had created lots of semi-cleared areas (marked yellow on the map) and stocked them with clusters of longhorn cattle. It wasn't just the map that had turned yellow... I remember furtively dodging (and surprising) some packs of these apparently docile beasts while reccyng the area.

Unfortunately my organiser duties meant I didn't get to run at that Galoppen, though my wife Tamsin did and she was glad for the strong hand of a chivalrous Norman Harvey to pull her to safety while stranded halfway up a steep bank. Later that day another runner from an eastern club said she'd "never again run in this horrible messy area". But manicured beech woods aren't for everyone.

The Blue course provided high quality entertainment. There are some lovely little areas on the Common- and didn't the debutant planner Robert Green and the controller Steve Robertson make sure I got to see all of them! Yes, it was a long, snaking course

round the entire area! The hour and 45 minutes I took felt like half a Long O on Exmoor for someone feeling sluggish and still on the comeback trail.

The highlights were many but legs 8 to 14 were especially good. Numbers 9 to 10 started through semi-runnable woodland, slaloming round trees, heading downstream with the water bubbling away and sunbeams flickering away. With the streams soon merging together, the decision was how to cross the steep banks and which side to emerge out at. I elected for a superbly runnable open clearing, before more wood and yes, more clearing. Between 10 and 11 the streams converged in a different way, in strangely flat places that looked like little beaches, where I could have lain down and caught the sun had I not been only halfway round.

Controls 12 to 13 reminded me of the atmospheric beauty of Exmoor with its tree-lined “fields” and after a hard slog uphill, I reached 13 in the middle of a little wood. The rest of the course was a struggle with my limited energy reserves dwindling and I only managed a jog between 14 and 15, a track run followed by a grassy field. A dip in an icy marsh followed, reminding me it was still early February and not to outstay my welcome.

A lot of the navigation from then on looked easy on paper but the tricky terrain begged errors to happen. I understand one runner on Blue (Spencer!) went off at a 90 degree angle from the penultimate control adding another 10 minutes or so to what was an already energy-sapping slog uphill through thick mud to the finish. So my joy at reaching the finish was palpable!

Well done and thanks to Robert and Steve for a memorable and technical course and for Roger and the rest of the event team for a high quality day out.

— *Jeff Pakes*

The QO Facebook Page



Quantock Orienteers
26 likes · 2 talking about this

Update Page Info 2 ✓ Liked ✓ Following ⚙

Non-Profit Organisation
Quantock Orienteers is a small friendly club based in Somerset, England. We hold orienteering events mainly on the Quantock Hills and the Blackdown Hills, north and south of Taunton respectively.

About

Photos Likes Events

Did you know that Quantock Orienteers has its own Facebook page? If you're on Facebook please go to www.facebook.com/quantockorienteers and give us a 'Like'.

You can keep up to date with club news in between QuOnicles, get reminders about upcoming events, share photos and stories and chat with fellow orienteers.

I'm also looking for an 'Admin' person to help keep the page up to date when I'm not around (or just forget!). If you could help out please email adrian_edwards@btinternet.com or message me on Facebook!



Fixtures

Senior Club Events

27.04.14	QOFL 5	Blackborough South	ST103074
18.05.14	QOFL 6	Kingscliff Wood	ST270320
06.09.14	Club Champs	Orchard Portman	ST249194

The Forest League (QOFL) is our series of regular events with colour coded courses, White to Blue to suit all abilities. Start times 11am to 1pm. Costs: Senior £8 (£5 BOF members), Junior £2, Families £12, Digger Hire £1.

QOADS are the QO winter night navigation league. A one hour score event. Registration from 1700. Starts from 1800 to 1900.

**PLEASE CHECK DETAILS BEFORE TRAVELLING:
www.quantockorienteers.co.uk**


 Edition 155 will be distributed at QOFL 6 on 18th May. Copy to
 adrian_edwards@btinternet.com by 7th May please.