

# QUANTOCK WEEKEND OF ORIENTEERING



Co-ordinator for QWO: Roger Craddock (QO)    jandr.craddock@gmail.com    01823 323850

DAY 1 – SATURDAY 12 FEBRUARY 2022 – 1130-1330

URBAN SPECIAL – BRIDGWATER CENTRE

## COURSES

**Long** 8.1km, **Medium** 5.4km, **Short** 3.4km. Competitive courses.

Courses close at 1500, controls will be collected in from then.

A town trail 3.1km is also available.

Juniors must be with adult.

## MAP

An urban map drawn by Gavin Clegg in 2016, updated by Jim Mallinson in 2021, printed on waterproof paper.

Scale 1:5000. Drawn to ISSprOM 2019 standard. Only those symbols representing forbidden areas and uncrossable features are shown in the key.

## PUNCHING SYSTEM

Competitive courses: SI punching with SIAC contactless enabled. All runners must punch the Start and Finish controls.

Town Trail: GPS punching using MapRun. An historical course where a smart phone app can be used if competitive.

For more information about using MapRun, see

<https://www.quantockorienteers.co.uk/documents/misc/MapRun-User-Guide.pdf>

## FEES AND ENTRY

Competitive: Pre-entry only @ £8 senior / £3 junior.

Town trail: Pre-entry/EOD @ £1.

<https://www.quantockorienteers.co.uk/events/bridgwater-2022-02-12>

Pre-entry closes at 2359 on 10 February.

## DIRECTIONS

From North, leave M5 at Jn23, take A38 to junction of A39/A38. Follow signs to town centre beyond the river. Plenty of parking available. A Pay and Display car park is available in the Angel Shopping Centre, which also has public toilets. Registration, assembly, and starts/finish in Kings Square to East of the Angel Shopping Centre – approx. 5min walk.

## OFFICIALS

Planner: Graham Hartley (QO)

Organiser: Ray Toomer (QO)

Controller: Pete Shirvington (QO)

## COURSES

50 minute competitive score event.

Short Course: The order of the controls you want to visit is entirely up to you.

Long Course: Odds and Evens format used. That is, there are two sets of controls - odd numbered controls and even numbered ones, one set tackled after the other. Once you switch to the second set, you cannot go back to the first set. It is up to you which you start with and when you switch.

Points values for controls are variable and denoted by the first number of the control, e.g. 62 scores 60 points. Points will be deducted at a rate of 30 points per minute for each minute or part minute you're late back.

Juniors must be with adult.

## COURSES CLOSE AT 2000MAP

Simplified A4 street map printed on waterproof paper updated by Alasdair Shaw in 2022.

The control circles on the map are coloured red on one set and blue on the other, representing odds and evens. The colours are meaningful only for the Long Course.

## PUNCHING SYSTEM

GPS punching using MapRun.

## FEES AND ENTRY

Pre-entry @£5 EOD @£6 (as long as maps last).

<https://www.quantockorienteers.co.uk/events/bridgwater-street-series-4-2022-02-12>

Pre-entry closes at 2359 on 11 February.

## DIRECTIONS

Bridgwater College Academy car park. TA6 4QY and GR ST314375

## OFFICIALS

Planner: Alasdair Shaw (QO)

Organiser: Roger Craddock (QO)

## ACCOMMODATION

Budget accommodation is plentiful in the town centre as well as on the outskirts of the town.

**Welcome to a small club's contribution to a major event!**

The Great Wood area has not been used for orienteering for many years and, together with the Ramscombe area, was remapped by Dave Peel in Spring 2021.

After a climb to the Start the shorter courses remain in Great Wood and the longer courses cross the central valley into the Ramscombe area to a separate finish.

The course lengths and climbs may represent a physical challenge for some competitors but have been established using BOF guidelines, adjusted for climb, and the results from the last CSC held on the Quantocks to ensure reasonable winning times.

The good news is that at this time of year, before the seasonal vegetation springs up, the majority of the climb is possible on run/slow run route choices.

**COURSES**

Course	Class	Controls	Length	Climb
1 - Brown	Men Open	19	7.5 km	370 m
2 - Short Brown	M20- M40+	17	6.4 km	285 m
3 - Blue Women	Women Open	12	5.6 km	280 m
4 - Blue Men	M50+	14	6.2 km	275 m
5 - Green Women	W20- W45+	12	4.1 km	170 m
6 - Green Men	M60+	13	4.0 km	190 m
7 - Veterans Short Green	M70+ W60+	12	3.5 km	150 m
8A - Junior Men (Green)	M18-	14	4.1 km	205 m
8B - Junior Women (Short Green)	W18-	12	3.1 km	150 m
9A/9B - Orange Men / Orange Women	M14- W14-	11	3.7 km	125 m
10 - Super Veterans Short Green	M80+ W70+	11	2.9 km	100 m
Light Green	non-CSC	11	2.8 km	130 m
Yellow	non-CSC	10	2.6 km	90 m
White	non-CSC	10	1.8 km	35 m

To count for your club in the Compass Sport Cup, you must enter a course which you are entitled to according to the age classes above.

**MAP**

The map, updated by Peel Mapping Services in 2021 is printed at 1:10000 on A3 or A4 waterproof paper by BML.

There is no legend on the map with the exception of one non-standard symbol – 'woodland scattered bushes'. In addition, the rough open yellow colour is darker than standard to enhance legibility.

Control descriptions shown on the map are Pictorial except 9A/B Orange which are Pictorial and Text, and Yellow and White that are Text only.

Loose sheets of descriptions will be at the Start. Maps for Yellow and White competitors will be available at the pre-start at the entry to the start lanes.

**PUNCHING SYSTEM**

SI punching with SIAC contactless enabled – all competitors must physically punch the Start and Finish controls.

Please collect hired dibbers from Enquiries.

## FEES AND ENTRY

Pre-entry only @ £13 senior / £5 junior.

<https://www.quantockorienteers.co.uk/events/ramscombe-compassport-heat-2022-03-13>

Entries will close at 2359 on Sunday 23 January, but will reopen for late additions and alterations before finally closing at 2359 on Thursday 10<sup>th</sup> February. All are welcome to participate but there will be no entry on the day.

Start times will be pre-allocated for all entrants (competitive or otherwise) and will be published before the day.

## DIRECTIONS

Ramscombe is one of the east-facing combes of the Quantock Hills.

It can be approached from the A39. Leave M5 at junction 23 (from North) or junction 24 (from South) through Bridgwater, signed from the Cottage Inn on the A39 (GR ST211392), or from Taunton via Kingston-St Mary and Aisholt from the Pines Café at the top of Buncombe Hill (GR ST207329).

The venue will be signed from Marsh Mills (GR ST191384) to the South of Nether Stowey. The OS GR of the entry to the Forest is GR ST180378 and the closest Post Code is Adscombe Farm TA5 1HN.

Assembly will be in Great Wood Camp – 400m from the entrance to Great Wood/Ramscombe.

## PARKING

On arrival a parking official will provide any last-minute instructions (e.g. requirement for waterproof coat to be carried). Follow the main forest access road – passing assembly on the left. On this occasion Forestry England have agreed there will be no parking fee for competitors but require competitors to park in a specific section of the one-way forest road system. Continue until reaching the one-way system. Follow the signed route clockwise around the Picnic site, passing the FE office and public toilets on your left until directed to park. It is approximately 2.5km round the one-way system after passing the assembly area to return to the start of the parking. The earliest arrivals will be closest to the assembly. Do NOT use the public car parks or Pay & Display machines. Distance to Assembly will be 500-1500m. Closer parking is available for families with young children or those with special needs if requested from the Organiser in advance.

OVERNIGHT CAMPING in the Forest is NOT permitted.

To exit cars must not turn round but follow the one-way system and out of the main forest entrance.

## BIOHAZARD

The Forestry Commission have requested all participants should clean their kit before and after visiting the Forest as a bio-security measure.

## TOILETS

Toilets with hand basins are provided in the western end of the main building. NO SPIKED SHOES in these toilets please. There is a single toilet at the eastern end of the building with a tiled floor.

## CATERING AND TRADERS

There will be no traders on site, but the Foxy Bean café at the entrance to Ramscombe will be open (500m from assembly) and has an excellent selection of food and hot drinks with outdoor and undercover seating with plenty of parking. They will be open from 1000 to 1600.

More information on <https://www.facebook.com/thefoxybeans>

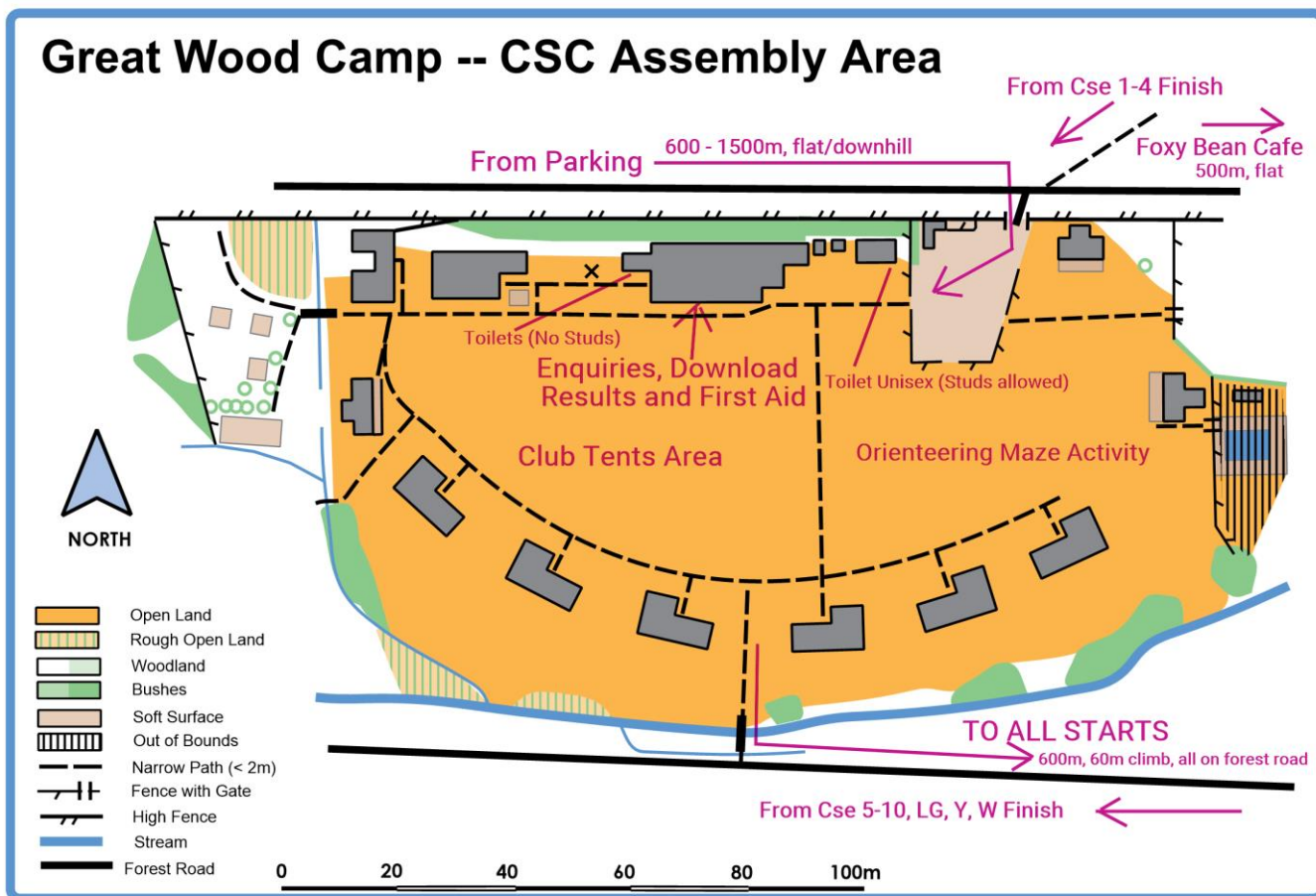
## OTHER

Car keys can be left at registration.

Maze course open 11.00-14.00 unless the weather is bad and too much damage will be done to the grass.

An information area will be provided where enquiries will be dealt with outside.

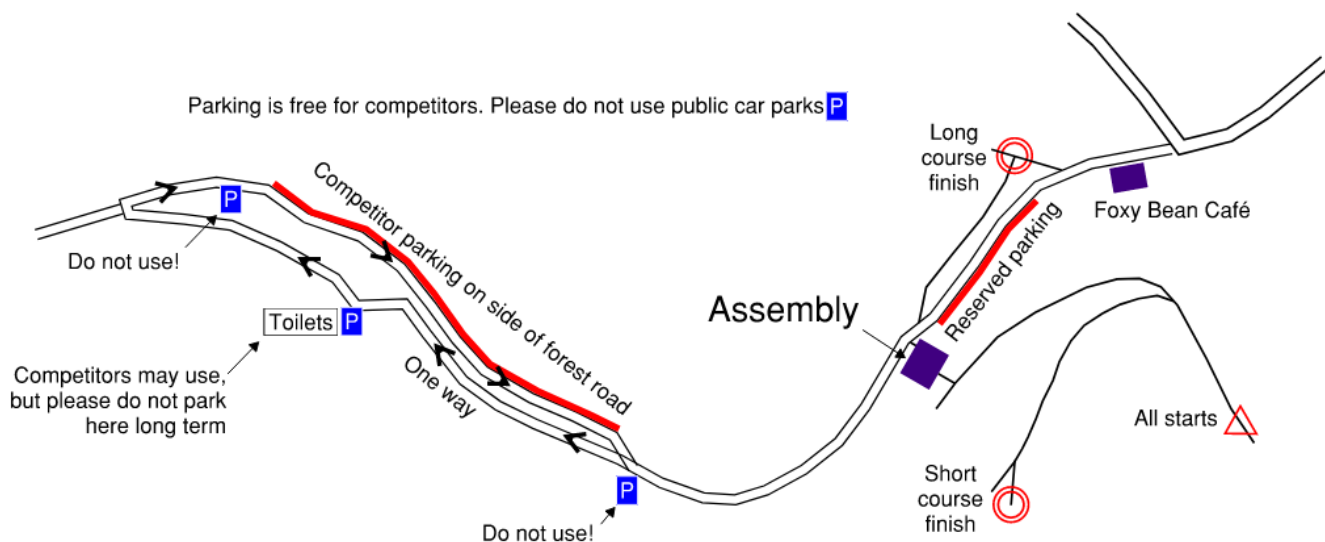
There will be a clothing tent adjacent to the download area.



The route to the start (600m, 60m climb, on forest roads) is through the assembly area.

Enquiries and download are in the main building, which also contains the first aid point and toilets.

For Covid reasons we have decided not to provide an indoor space for people to congregate. However, clubs may bring club tents, and there is a covered seating area which competitors are welcome to use.



**START PROCEDURE**

Follow directions at the southern side of the assembly area (opposite the enquiries/toilet building) to the start. Clear and check will be at the start. Whistles are required.

Please allow 15 minutes to walk from assembly to the start. Call-up will be 4 minutes before start time.

Start lists with times will be published in advance and will also be available at the Assembly Area and Start.

## FINISH

There are two finishes, up to 10 minutes walk from assembly. **Please download as soon as possible** to avoid unnecessary concern for the Organising team.

Maps will NOT be collected. Please keep to the spirit of the event by not showing your map to those competitors who have yet to start!

## RESULTS

There will be a live display of results visible to a covered, outside area

## COMPLAINTS AND PROTESTS

A panel will be selected and invited when entries have closed. Please take your complaint, after reflection, to the Organiser in the first instance. Should the complaint not be resolved and a Protest is received the Organiser will refer the matter to the Jury.

## ACKNOWLEDGMENTS

To James Latus and Owen Jones (Forestry Commission and Quantock ANOB) for the use of the areas and facilities.

To Andy Bennett and Great Woods Campsite Trustees for the hire of their Campsite.

## CANCELLATION

In the event of extreme weather conditions – the Forestry Commission has strict guidelines about wind speeds - a decision will be made by the Controller and Co-ordinator and will be displayed on the BOF and QO websites. If cancellation is necessary, QO reserve the right to retain some of the entry fees to cover administration costs.

## OFFICIALS

Planner: Steve Robertson (QO)

Organiser: Richard Sansbury (QO) 07790511732

Controller: Charles Daniel (BOK)

## SAFETY

### POLICIES

The QO policies on safeguarding, photography, event safety, and data protection, along with our participant Code of Conduct can be found at: <https://www.quantockorienteers.co.uk/info/about/club-management-policies-and-information>

### COVID-19

The organising team is doing its best to make the event as Covid-secure as possible in the circumstances. Please play your part by distancing from others. Please be aware many people may feel insecure at this time so please do not make others feel uncomfortable.

Please do not attend if you have any Covid symptoms or have been told to self-isolate.

### FIRST AID

First aid will be provided by qualified members on both days. Please report any accidents, however minor to the Organiser or first aider.

### MISSING COMPETITOR

If you have concerns about an overdue competitor, please ask the Organiser who will investigate and, if necessary, implement a pre-planned search procedure.