## **Events and Activities**

Over the Autumn 24 and Spring 25 terms we have completed:

- i) 10 JOGs (270 participant runs),
- ii) 5 informal activities (32 participants),
- iii) 2 school orienteering skills days (34 +60 children),
- iv) 2 special JOG events this summer (47 participants).

Although JOGs are relatively small scale events, every one requires substantial time and effort from multiple people. Thank you to all the volunteers that have made this possible. However, we do struggle to enlist sufficient volunteers and the burden often falls on a relatively small number of people.

## Looking ahead

We have 10 events planned for the season (5 in Autumn Term and 5 in Spring Term).

Being realistic we do not plan to run any informal training or schools sessions as the time commitment is unsustainable. However, if anyone is willing to host a junior training session (just before or just after a JOG run) that would be very much appreciated.