



**BOK Urban Orienteering Series
2026
Wednesday 17 June 2026
Bridgwater**



Bridgwater is a historic market town and used to be a major inland port that provided a vital connection between the sea and Somerset's railways, canals and roads. In more recent years, there has been extensive redevelopment around much of the relic industrial infrastructure, resulting in a complex mix of new intricate housing developments and industrial workings which offer excellent orienteering.

Assembly and Car Parking:

Assembly is at Victoria Park Community Centre, Victoria Park Dr, Bridgwater TA6 7AS.
What3Words: ///reckons.hotdog.tipping

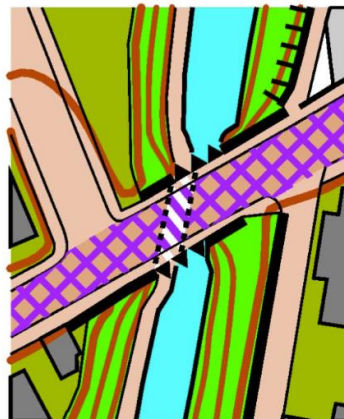
Orienteers are encouraged to cycle, use public transport or lift share where possible. Parking is available at the Community Centre (first come first serve) and overflow will be on Lyndale Avenue. What3Words: ///unsightly.recover.released and the surrounding streets.

Map:

The recently updated Bridgwater Map will be used. 1:5,000 with 2.5 m contours produced by Jim Mallinson. The map will be waterproof size SRA3 for the long and medium, and ARA4 for the short and junior with courses overprinted.

Loose control descriptions will also be available.

The sections of map below show the road as OOB (the upper level), which **MUST NOT BE CROSSED** and the underpass and canal towpath (the lower level) which **MUST BE USED** to pass under the road.



IMPORTANT. PLEASE READ. The main roads in Bridgwater are marked as OOB. Crossing them is not permitted except via the marked underpasses. This information will be conveyed at the start line to all participants.

Newcomers are advised to familiarise themselves with uncrossable features and out of bounds (OOB) symbols. If in doubt, you should ask at Assembly.

<https://www.maprunner.co.uk/map-symbols/>

Terrain:

Urban footpaths, residential streets, playing fields and other grass/unpaved areas. Road shoes with good grips (but not spikes), running shorts and vests should be suitable.

The longer courses will have route choices which may include busy roads and roads with no pavements in some places and running towards potential oncoming traffic.

Participants must take extra care for road traffic when running on roads where there is limited to no pavement, and not take undue risk when crossing, particularly on blind corners or busy roads.

A 'sprint' junior course has been designed within the confines of Victoria Park that utilises 'butterfly' loops.

Courses:

Course	Distance	Climb	Controls	Control Descriptions	TD
Long	9.4km	10m	27	IOF pictorial symbols	3
Medium	7.0km	10m	20	IOF pictorial symbols	3
Short	3.8km	5m	11	IOF pictorial symbols	3
Junior	1.5km	0m	19	IOF Written	1

Course distances are calculated as the shortest route which a competitor could reasonably possibly take, irrespective of whether or not the competitor would be sensible to do so. Height climb is measured "along the shortest sensible route" to the nearest ± 5 m.

Registration:

Pre-entry will be via [Pre-Entries](#) on the BOK website. **Closing date for entries is 23:59 (i.e. midnight) on the 10th June 2026.**

We encourage everyone to enter by the online closing date of Wednesday. There will be a very small number of additional maps available online after this date sold on a 'first-come-first-served' basis that will incur an additional £2 fee per entry.

Once we run out of printed maps sold online there will be NO manual email entries, and NO entry on the day; if you want to guarantee a run please enter before the first closing date. The final closing date for entries will be up to 23:59 on Sunday 26 April 2026 (or until we sell out of available maps whichever is the sooner).

Start/Closure:

Please note the earlier timings due to the available daylight hours:

Starts will be from 17:00 – 19:00. Courses close at 20:00.

If you are likely to take longer than an hour to complete your course, please do not arrive for a late start or you are likely to be disqualified from the results. Both the Start and the Finish are close to the Assembly location.

Entry Fee:

- Juniors and students £3
- BOK members & BOF Club Affiliated Seniors £5.50
- Non BOF members £8
- *Late entry fees will be the above plus £2 per entry.*

Dibbers available for hire – both standard SI and SIAC (touchless). £2 for seniors; free for Juniors and Students. Lost dibbers charged at £45 (£85 for SIAC). SIACs will be allocated on a first come first served basis unless an SI card is specifically requested.

Punching:

SI and SIAC (contactless) electronic punching. Punching Start and Finish; all other controls should be touch-free if you have a SIAC.

Facilities:

Toilets at Assembly. There will also be room for you to leave clothing and other belongings in a room in the community centre, although this is done at the owner's own risk, so please do not bring any valuables.

A QO first aider will be in attendance.

Safety:

Please wear reflective or bright-coloured clothing so you can be easily spotted when orienteering by drivers etc.

Please be respectful of other road users and pedestrians and mindful of dogs as some of the areas used by all the courses will include areas that are also popular with dog walkers.

Competitors take part at their own risk and are responsible for their own safety. If travelling alone or with relevant pre-existing medical conditions, you may wish to notify the Organiser.

Dogs:

Dogs are welcome and must be controlled and ensure you clean up after them in the usual manner.

Officials:

- Organiser: Graham Hartley/ Ollie Rant: Website@quantockorienteers.co.uk
- Planner: Ollie Rant: Website@quantockorienteers.co.uk

- Series Coordinator: David Faulkner david.e.faulkner@blueyonder.co.uk 07867 537171

Data Protection: Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.



Further details and latest information on the BOK and QO websites:

www.bristolorienteeing.org.uk

www.quantockorienteers.co.uk