Exmoor Challenge Training 14th March

This is a one day activity, as a training walk to complete the Exmoor Challenge safely and successfully. This activity will take place on the Blackdowns, and please arrive in walking kit. It is a single day so those who wish to can represent the club in the Compass Sport Cup on the Sunday.

Timings and Meeting Location: 9am to somewhere between 3-5pm (Will advise by text) Saturday 14th March;

 Staple Hill Car Park

OS Grid: ST 246 160

Postcode (Rather inaccurate, but for the general area): TA20 3RA

# International Grid (for SatNav): 50°56'17.7"N 3°04'27.0"W

# Kit List:

# Walking Equipment

# Day Sack

# Water bottle

# Water proofs

# Warm hat and Gloves

# Small paper and pencil

# Suncream (weather dependant)

# Compass

# Whistle

# Snacks

# Packed Lunch

# Waterproof liner (can be a strong plastic bag)

# Clothing to Walk in

# Suitable footwear (e.g. Boots (NOT Wellington’s), Walking shoes, Robust trainers)

# Socks suitable for your chosen footwear. (Carry Spares)

# Walking trousers, and thermals as desired.

# Thermal top/T-Shirt

# Mid layer fleece or similar

# Outer layer

# Admin

# £10 one-off payment to cover costs for all training walks between now and the event.

# If there’s anything on the above that you don’t currently have, don’t rush out to buy it, as it can probably be lent or worked around, just e-mail me first so I know what’s up.