## **Final details**

## QO Forest League (QOFL2). Level D 16<sup>th</sup> October, 2016 Blackborough South. Grid Ref: ST102074. Postcode EX15 2DT

Location: Forest Glade Caravan Park, Blackdown Hills

Officials: Planner: Bill Vigar (QO), Controller: Sue Gard (QO), Mapper: Bill Vigar,

Organisers: Judy & Roger Craddock (Tel 01823 323850)

<u>Directions:</u> -from Taunton: Leave M5 at Junction 28 and take A373 towards Honiton. Turn left soon after the Keepers Cottage Pub on your right, and follow the brown tourist signs to Forest Glade.

<u>Car parking:</u> A field at the far end of the Caravan site. Please take care passing Registration area and follow the Marshall's instructions. Please do not use the Caravan parking area. The £1 parking fee per car will be paid to the Park owner who will give it to the Air Ambulance. Toilets are available. Minibuses (or buses) should ring the Organiser for more details.

Registration/Download will be in the garage opposite the site office from 1030hr. Entry on the day only. Starts 1100-1300hr. SI dibber hire £1. Courses close at 2.30hr after which controls will be collected in.

Registration forms are available to download on the events page of the QO website, there is a link above the chart <a href="http://www.quantockorienteers.co.uk/events.php">http://www.quantockorienteers.co.uk/events.php</a>

<u>Courses available</u> (final figures available at Registration): A4 maps will be printed on waterproof paper.

Course	Length (km)	Height gain (m)	Map scale	Difficulty
Blue	5.5	85	1:7500	Very hard
Green	4.2	85	1:7500	Hard
Short Green	3.4	100	1:7500	Hard
Light Green	3.3	70	1:7500	Transitional
Orange	2.8	65	1:7500	Harder
Yellow	2.6	55	1:5,000	Easy
White	1.5	20	1:5,000	Easy

Loose, pictorial, control descriptions will be available at the start for all courses except Yellow and White who will collect their maps at Registration. All descriptions on the map will be written descriptions.

A blank map and Risk Assessment will be on display at Registration.

Entry fees: Senior £8 (£5 BO/QO), Junior £3 (£2 BO/QO),

Family of runners £16 (£10 BO/QO), Family group £6

<u>Distance to near start from Registration</u> 200m, level route. The finish will be manned and is close to the Start. Report any injuries or problems to the Finish official.

 $\underline{\text{First Aid:}}$  In the registration tent. The nearest hospital is Musgrove Park, TA1 5DB. Tel 01823 333444

<u>Terrain:</u> Mixture of Woodland, scattered trees and some open. The area can be very wet and rutted. The longer courses will need to cross a busy road, please TAKE CARE.

Roger and Judy Craddock Jandr.craddock@gmail.com 10/10/2016