



QUANTOCK ORIENTEERING CLUB
Forest League (QOFL 3)
with New Year novelty element
Wind Down & Broomfield Hill
on **New Year's Day**
Friday 1st January 2016

General information: This event is part of the Quantock Orienteers' forest league series. The event is open to all, beginner or experienced orienteer, young or old and there are courses suitable for all.

Location: Wind Down, in vicinity of TA5 2EF. Approach from north and east using Enmore Road, from Bridgwater. Approach from west and south via Taunton & Kingston St Mary using Buncombe Road. Then follow the signs E from the Pines Café crossroads.

Signed: from Pines Café crossroads (ST 207 329) and from entrance to woods (ST 221 343).

Car parking: On forest roads. Free.

Extreme weather cancellation policy: In the event of sustained high winds gusting 45mph or more, the event will be cancelled. Please refer to the club website before travelling.

Safety: Participants are responsible for their own safety. Runners will be sharing the same roads as cars so to all, do please take care. A whistle must be carried.

Terrain: Steep sided valley on all courses. Open hill side and semi-open areas on Blue and Short Brown. Stout footwear advised: paths are muddy and have been churned up by horses. Parents with young children: robust buggies will cope with the forest roads and hence the White course only.

Map scales: 1:10,000 except for White and Yellow, which will be at 1:5,000.

Registration: From 10.30 -13.00 (from 10.15 for helpers)

Start times: 11.00 until 13.00 (from 10.30 for helpers)

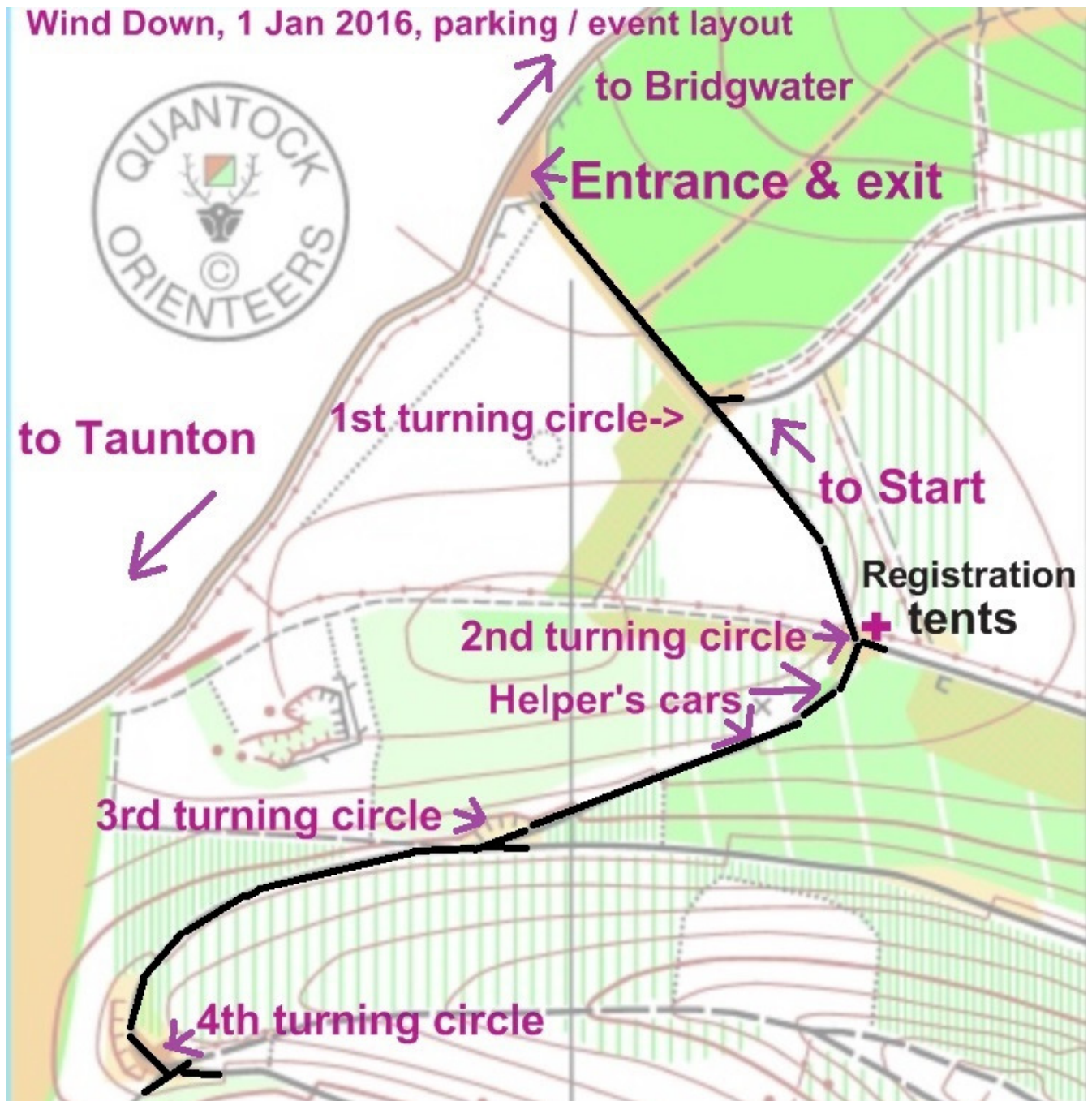
Courses close: at 14.30

Start, finish and registration: Start is 200m from registration. The two finishes, either side of forest road are very near registration, which is centrally located and adjacent to the forest road used for parking.

Facilities: Toilets are available in nearby Bridgwater till 18.00 on Taunton Road (by the Hope Inn) and till 15.30 on Penel Orliou.

Local amenities: the Pines café (at the crossroads) 10.00-17.00 for snacks & hot drinks. Breakfast £7, lunch £8. Toilet facilities for customers. It's 2.5km from the entrance to wood, heading W and upwards along the Enmore Road.

Event layout (scale: 1cm= 30m)



Parking is along the full extent of the forest road from the forest gate to the 4th turning circle at the bottom. The forest road is narrow and there are some steep drops. For this reason, the parking officials may seek to break up the flow of vehicles.

Similarly, they may also seek to park cars alternately on different stretches of the forest road. If so, your patience would be appreciated. The 4th turning circle is large but overlaps with some junior courses, so please take care when turning.

Control descriptions: *New Year novelty element(!)*- pictorial control descriptions instead of text. Though text only for White/Yellow, there are pictorials for Light Green upwards and both are offered for Orange. Explanations of pictorial control descriptions will be provided at registration and on start lanes and prior to the event, on MapRunner website.

Dogs: Dogs allowed but must be under control at all times.

Entry details: Entry on the day

Seniors - £8 (£5 for BOF/QO members)

Junior/student - £3 (£2 for BOF/QO members)

Family of Runners £16 (£10 for BOF/QO members)

Family Group - £6.

Shadowed Junior - £4.

SI dibber Hire - £1

Courses (provisional):

| Course | Length | Climb | Controls |
|-------------|--------|-------|----------|
| Short Brown | 6.5 km | 280 m | 17 |
| Blue | 5.7 km | 200 m | 15 |
| Green | 3.5 km | 185 m | 13 |
| Short Green | 2.6 km | 130 m | 11 |
| Light Green | 2.7 km | 120 m | 10 |
| Orange | 2.3 km | 120 m | 10 |
| Yellow | 1.9 km | 90 m | 8 |
| White | 1.1 km | 25 m | 8 |

Planner: Steve Robertson (QO)

Controller: Graham Hartley (QO)

Organiser: Jeff Pakes (QO) jeffpakes@hotmail.com

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For further details for this event and other events see:

www.quantockorienteers.co.uk

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