

Quantock Orienteers  
**Club Championships/JOG and AGM**

**Saturday 11<sup>th</sup> July Cothelstone Hill**

- Directions:** Parking and Registration at Cothelstone ST 183318, TA4 3DS  
(Please have £1 parking fee ready)
- Terrain:** Be warned - the area involves lots of steep paths and tracks. Full leg cover advisable to protect from nettles and ticks.
- Format:** The annual Club Championships take the form of a 1 hour score event. Experienced JOG regulars should be able to participate in this. There will also be a simple course suitable for the less confident.
- Costs:** Adults £5 (£8 for non-BOF)  
Juniors £2 (£3 for non-BOF)  
Families pay for 2 adults and children run for free.  
JOG families £6
- Times:** Registration from 13.15  
Briefing at the start at 13.45  
Mass start at 14.00  
Those following the simple course will start after this.
- Social:** Afterwards there will be a **free** cream tea in West Bagborough Village Hall from about 15.30 followed by the AGM. (ST 163334, TA4 3EJ, near the old-fashioned red telephone box. Limited parking at the hall and plenty in the road outside.)
- To enter:** Please email Judy Craddock ([jandrcraddock@googlemail.com](mailto:jandrcraddock@googlemail.com)) by **Wednesday July 8th** to book your map and cream tea!
- Please note:** Due to a change in BOF Event Safety Rules, under 16s must be accompanied by an adult on the road to/from the start.

For more information please contact the organiser Rosie Wych (01823 451942)