



**TO RESERVE A MAP EMAIL: [GAVIN.CLEGG@OUTLOOK.COM](mailto:gavin.clegg@outlook.com)**

## **Bridgwater Town Race - urban orienteering**

### **Saturday 19 March 2016**

Venue: Brewery Field Bridgwater. Grid Ref: ST296373.

Parking: Sat Navs: 51.129845 -3.005840. Grid Ref: ST297372. Nearest Post Code: TA6 3HR. Charges apply.

Terrain: Flat urban running through and around the town of Bridgwater. Longer courses will visit "The Meads" an area of water meadow.

Support: Help and instruction available. Novices & families welcome. An Orienteering Maze is being created on Brewery Field for all to try.

Map: 1:5,000 overprinted. 2015/16 mapping.

Timing: S.I. Electronic timing.

Courses:

Course	Classes	Approx length
1	Men's Open (M18-35) Men's Veterans (M40-M50) Women's Open (W18-35)	7-8km
2	Men's Super Veterans (M55-60) Women's Veterans (W40-50)	6-7km
3	Men's Ultra Veterans (M65+) Women's Super Veterans (W55-60)	5-6km
4	Women's Ultra Veterans (W65+)	3.5 -4.5km
5	Juniors (M/W 13-16)	3.km
6	Juniors (M/W 12 and below)	1.0km
7	Tourist Course	4.0km

Safety: Due to road crossings Juniors on any course will need to be accompanied by a responsible adult.

Times: Registration: 12.00 onwards

Starts: 12:30 to 14.30

Fees: Courses 1-4: £8 per map (£10 non-BOF). Courses 5-6: £2.50 per map.

Course 7 Free – Thanks to Bridgwater Council.

**Entries:** Online entries closed. To reserve a map email: [gavin.clegg@outlook.com](mailto:gavin.clegg@outlook.com)

Facilities: Food & drink – Bridgwater Shops. Toilets – Angel Place Shopping Centre.

Officials: Planner: Gavin Clegg; Organisers: Judy and Roger Craddock

Orienteering is an outdoor adventure sport. Competitors take part at their own risk and are responsible for their own safety.

<http://www.quantockorienteers.co.uk/>