

## **QO Code of Conduct for Parents**

As parents of junior orienteers we ask you to:

- Encourage your child to attend club coaching sessions and to learn new skills.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in orienteering or to run a course for which they are not ready
- Never punish or belittle a child for losing or making mistakes.
- Support your child's involvement and help them enjoy their orienteering.
- Use correct and proper language at all times.
- Encourage 'Fair Play' in orienteering e.g. not complaining about the map, course planning, control placement; having respect for the countryside; not tampering with controls; not entering out of bounds areas etc.

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